

A wounded heart or a broken heart?

Life can wound us (an injury to the body consisting of a laceration or tear of the skin by a hard or sharp instrument forcefully applied; a mental or emotional hurt or blow.)

Hebrew-Naka-smitten, afflicted, stricken
implies injury, hurt, but not deadly

Or life can break us (broken-violently separated into parts, shattered, damaged, fractured, made weak or infirm, subdued, crushed, not complete or full, cut -off, disconnected, bankrupt.

Hebrew Shabar-to burst, break in pieces, crush, destroy, quench, bring to the birth; implies a more serious condition that cannot be mended or fixed without outside intervention

A wounded heart feels it can get better on its own or with just a little help
A broken heart knows it is hopeless unless God intervenes

A wounded heart is closed
A broken heart is open

A wounded heart is self focused
A broken heart is other focused

A wounded heart feels it is handicapped and needs special consideration
A broken heart can do all thru Christ who strengthens me

A wounded heart is self-pitying
A wounded spirit is compassionate

A wounded heart is still alive and hurting
A broken heart is dead and free from pain

A wounded heart is affected by what other people say and easily hurt or offended
A broken heart "What others say to me or about me doesn't matter"

A wounded heart feels misunderstood and misjudged
A broken heart seeks to understand and overlooks injustice to self

A wounded heart isolates itself

A broken heart seeks fellowship

A wounded heart avoids correction or having sin exposed, is guarded and protected

A broken heart seeks correction to deal with the sin

A wounded heart lives in fear

A broken heart lives in freedom

A wounded heart says to God "don't touch me"

A broken heart says do what you will-though you slay me, I will trust you

A wounded heart holds the pain in unforgiveness and becomes bitter

A broken heart lets go and lets God heal

A wounded heart has expectations of God, and is offended if not met

A broken heart says to God "whatever"

A wounded heart must know why

A broken heart trusts regardless

A wounded heart doubts God's love

a broken heart believes God's love even when it cannot be felt

A wounded heart pushes God away

A broken heart invites Him in

A wounded heart may talk of wanting truth, but in reality avoiding or ending pain is the top priority which leads to deception

A wounded heart accepts the pain and finds truth

A wounded heart still wants to be God and in control

A broken heart lets God be God

When the storms of life with pain, sorrow, and suffering come, which will we choose?

Broken Heart- Shabar

Is 61:1 Sent to bind up the broken hearted
Ps 147:3 He heals the brokenhearted
Ps 34:18 Unto them that are of a broken heart
Ps 51:17 A broken and contrite heart will not despise

Wounded heart-Naka

Prov18:14 A wounded spirit who can bear
Prov 15:13 Sorrow of heart the spirit is wounded
Prov 17:22 Wounded spirit drieth the bones